



Lemon & Poppyseed Cookie

NUTRITION INFORMATION

Nutritional information is taken on average quantities
Individual product weights may vary

Servings per package: 1

Serving size: 13g

	Average Quantity per Serving	Average Quantity per 100g
Energy	258kJ (62Cal)	1980kJ (474Cal)
Protein	0.8g	6.2g
Fat, Total	3.1g	23.5g
- Saturated	1.3g	9.9g
Carbohydrate	7.8g	59.7g
- Sugars	3.6g	27.4g
Sodium	54mg	418mg

Ingredients:

Wheat Flour, Margarine (Animal Fat And Vegetable Oil, Water, Salt, **Milk** Solids, Emulsifiers (471, **Soya** Lecithin), Flavour, Food Acid (330), Antioxidant (320), Colour (160a)), Sugar, Whey Powder, Poppy Seed (2.5%), **Egg**, Wheat Starch, Raising Agents (503, 500), Lemon Oil (0.2%)(Contains Antioxidant (320)), Salt.

Storage Conditions:

Display in showcase. Storage overnight in sealed overnight bags or in stayfresh cabinet.

Shelf Life:

Fresh Bake: 10 days; Ready Bake: 4 months from DOM

Country of Origin:

Made in Australia

Process Statement:

Made on the premises where wheat, oats, sesame seeds, nuts, dairy (milk), egg and soya products are processed.

Date of Issue:
31/08/12

Cookie Man
Unit 11, 9-15 Gundah Rd
Mt Ku-ring Gai, NSW2080
Tel: 02-9472-8500